



## **VIVA B-Complex**

A good vitamin B complex product, VIVA B-Complex contains seven type of vitamin B – B1, B2, B6, B12, Niacinamide, Pantothenic Acid and Folic Acid that are essential for good health.

## Qualities:

- Contains seven type of vitamin B that are necessary for good health.
- B vitamins play an important role in supporting energy production and healthy body.
- Folic acid and vitamin B12 are important for the formation of red blood cells.
- Recommended for those who lead a busy lifestyle, or feel tired all the time.

## Benefits:

· For good health.

## Directions:

Take 1 tablet daily as a dietary supplement.